









Wallara
ONLINE







ONLINE PROGRAM MENU





Wallara Online is an exciting new way to receive support, build your skills, learn new ones and connect with others.



<p>MONEY SKILLS BEGINNER</p>	<p>Money Skills (Beginner) This course will cover the basics of understanding money and applying it to everyday situations.</p>	<p>Mon, Thu, Fri. 2 hour class 12 weeks</p>
<p>AMAZING ANIMALS</p>	<p>Amazing Animals Learn about different species from our pet cats and dogs to the rare and unusual, like brilliant bears, awesome reptiles, giant gorillas and incredible marine life.</p>	<p>Mon. 2 hour session 4 weeks</p>
<p>MONEY SKILLS ADVANCED</p>	<p>Money Skills (Advanced) Building on the skills learned in the Beginner course, you will strengthen your numeracy skills and learn about budgeting.</p>	<p>Wed, Thur. 2 hour class 12 weeks</p>
<p>LET'S GO WITH LEGO</p>	<p>Let's Go with Lego Who's a fan of Lego? Join this interactive class to create and build your own Lego masterpieces every week!</p>	<p>Tue. 2 hour session 4 weeks</p>
<p>COMMUNICATION AND CUSTOMER SERVICE</p>	<p>Communication and Customer Service Strengthen friendships and learn basic customer service skills.</p>	<p>Mon, Wed. 2 hour class 12 weeks</p>

	<p>Games Corner A fun and engaging, social and recreational program, where you will play a variety of online games together whilst having a social catch-up.</p>	<p>Mon. 2 hour session 4 weeks</p>
	<p>Health and Safety in the Workplace and at Home Learn about protecting you and others from harm at work, at home and when out in the community.</p>	<p>Fri. 2 hour class 12 weeks</p>
	<p>Rock Down Forget about the lockdown, its time for Rock Down! Exploring the classics and recent hits in rock and heavy metal. Videos and chats about the music scene.</p>	<p>Thurs. 2 hour session 4 weeks</p>
	<p>Wellbeing and Mental Health Learn about supportive friendships, relationships and positive social values. There is opportunity for self-expression, understanding and dealing with conflict.</p>	<p>Mon, Wed, Thu. 2 hour class 12 weeks</p>
	<p>Happy Minds This session provides you with a safe space to discuss your feelings, connect with your peers and learn about the different elements encompassing productive mental health practices.</p>	<p>Fri. 2 hour session 4 weeks</p>
	<p>Connecting Me with Technology: Being safe online Enjoy learning how to surf the internet and access community events and use Social Media safely.</p>	<p>Mon, Thurs. 2 hour class 12 weeks</p>

	<p>Armchair Travel Join Wallara Air, Australia's first digital airline, and travel the world from the comfort of your home! This immersive online program gives you the opportunity to experience the adventure of travel. Prepare your virtual passport and chart a flight for a new destination every week.</p>	<p>Mon. 1 hour session 4 weeks</p>
	<p>Fundamental Literacy Building on your existing literacy skills, this program is dedicated to having fun! While working on the fundamentals including: understanding the alphabet, the pronunciation of words, reading, writing and grammar.</p>	<p>Tue. 2 hour class 12 weeks</p>
	<p>Fundamental Money Skills Learn fundamental money skills to assist in further progression through the money skills programs. This course covers counting to 100, skip-counting, adding and subtracting whole numbers, recognising Australian currency and understanding place value.</p>	<p>Wed, Fri. 2 hour session 12 weeks</p>
	<p>Sports Around the World Learn about all types of sports from around the world. Join in discussion on the history of sports, watch your favorite videos of your favorite sports and heroes. Have some fun with fun facts - records or unusual events</p>	<p>Wed. 2 hour class 4weeks</p>
	<p>Feel Good Karaoke This is your time to shine, your diva moment! Singing is a wonderful way to feel good and share your talents with your peers.</p>	<p>Thu. 1 hour class 4 weeks</p>
	<p>Sustainable Crafts Inspired by a range of different materials found in nature, coaches and clients will be creating a different piece of eco-friendly art each week.</p>	<p>Fri. 1 hour session 4 weeks</p>

 <p>PERSONAL HYGIENE</p> <p>Wallara ONLINE</p>	<p>Every Body Matters Hygiene is any practice or activity that you do to keep things healthy and clean. Learn about why hygiene is so important and the best ways to practice it.</p>	<p>Tue. 2 hour class 12 weeks</p>
 <p>EVERYDAY LIVING</p> <p>Wallara ONLINE</p>	<p>My Life My Way (Mid Support) : I did it my way Build your self-esteem and confidence living at home with greater independence.</p>	<p>Tue, Thurs. 2 hour class 12 weeks</p>
 <p>iFilm Media Legends</p> <p>Wallara ONLINE</p>	<p>iFilm MediaLegends Document your life achievements through the power of digital technology.</p>	<p>Thurs, Fri. 2 hour class 12 weeks</p>
 <p>zoom INTO FITNESS</p> <p>Wallara ONLINE</p>	<p>ZOOM into fitness Explore how physical exercise can influence your body and mind. Put into practice how you can incorporate fun fitness into your daily lives. Overall a fun and energetic weekly exercise class with some great music and dancing! Sweat towel and water bottle required.</p>	<p>Wed, Fri. 1 hour class 4 weeks</p>

Spots are filling up fast!

For more information contact the **Intake Team** at intake@wallara.com.au or call **0428 075 709**